LEANNE STANLEY

leanne@leannestanley.com

COACHING RELATED EXPERIENCE

2008 - 2009 Wai Nui O'Kanaka Outrigger Club Coach

Mississauga/Oakville, Ontario

- Instructed adults of all levels on water and in paddle pools sessions
- Introduced and refined race plans and strategies with crews and individuals

2008 - 2009 National Dragon Boat Club

Spring

Toronto, Ontario

- Freelance coaching for five crews of various levels
- Practice planning, drills, technique work, race plans

2005 - 2009 Secondary School Teacher and Multi-Sport Coach

Nelson A. Boylen Collegiate Institute, Toronto District School Board

- Coach of Boys Outdoor and Indoor Soccer, Girls Soccer, Badminton and Track & Field
- Organized tournaments and leagues
- Implemented academic accountability, year round training programs and increased team cohesion with team building activities
- Coached Senior Boys Soccer Team to the City Championships

2007, 2008 Summer

Appleby College Outrigger Canoe Camp

Appleby College, Oakville, Ontario

 Introducing paddling technique, strategies, history, terminology to children 9-14

2005 – 2007 Toronto Sailing and Canoe Club Outrigger Coach

Toronto, Ontario

- Instructed adults of all levels in OC6, OC2 and OC1
- Introduced and refined race plans and strategies with crews and individuals

2000-2005

Parry Sound Canoe Club Instructor

Summer

Parry Sound, Ontario

 Instructed children and adults in all aspects of marathon canoe racing including technique, equipment selection, strength, fitness, and race strategy

2001, 2002 Spring

West Parry Sound Health Centre Foundation Dragon Boat Festival Coach

Parry Sound, Ontario

- Introduced townspeople to the sport of dragon boat
- Taught technique and ran practice sessions for beginner paddlers

SPECIAL SKILLS / EXPERTISE

- Spokesperson for Animas Canada (Type 1 Diabetes Education, Insulin Pump Promotion)
- Ontario Marathon Canoe Racing Association Certified Instructor
- National Coaching Certification Program Level 2 Track and Field
- ACT Foundation CPR Instructor
- Standard First Aid and CPR-C Certification
- Trained in injury management and rehabilitation at University of Waterloo
- Ontario Teachers Aquatics Standard Certification

EDUCATION

June 2005 Bachelor of Education

Nipissing University, North Bay, Ontario Junior/Intermediate/Senior Divisions

Health & Physical Education Specialist, Biology, General Science,

Special Education, Mental Health, Outdoor Education

June 2004 Honours Bachelor of Science - Kinesiology

University of Waterloo, Waterloo, Ontario

VOLUNTEER EXPERIENCE

- Guest Speaker for Doctors, Nurses and Dieticians at TRI Diabetes Education Centre
- Assistant Running Clinic Instructor and Guest Speaker for Running Room
- Past Member of Ontario Marathon Canoe Racing Association Executive
- Head Student Therapist for University of Waterloo Varsity Women's Hockey Team

AWARDS/ACCOMPLISHMENTS

- Member of Canadian National Premier Women's Dragon Boat Team (2009)
- IVF World Sprint Outrigger Championships representing Canada, 4th V1 Open Women and 3 team silver medals(2008)
- Weekend to End Breast Cancer 60km Fundraising Walk (2006)
- Longyou International Dragon Boat Festival representing Canada in China (2005)
- Canadian National Premier Women's Dragon Boat Program (2004, 2008, 2009)
- Outstanding Graduating Senior University of Waterloo Athletics (March 2004)
- United States Canoe Association Women's C2 Sprint Gold, C1 marathon 5th overall, 1st in age class (August 2003)
- Canadian Canoe Association Marathon Women's C1 Champion (2001-2003, 2006)

REFERENCES

Available upon Request